

## **Brierley Primary School - Physical Education Impact Report (March 2024)**

### **Background:**

In September 2013, I was appointed as a PE specialist at Brierley. Previously the school had quite low expectations in terms of sporting achievement and pupils were unable to participate in sport due to lack of opportunities on offer. The school had sports coaches employed to teach PE and they provided 9 after-school sports clubs across the whole year: football, tag rugby, boxercise, dance, cheerleading, tri-golf, basketball, cricket and athletics. The school entered very few local school sports competitions and had little success.

### **PE Curriculum:**

Over the years since my appointment, the curriculum has evolved to offer more in terms of depth and breadth of subject knowledge. PE is taught from Early Years to Year 6 and this enables pupils to increase the pupils' fine and gross motor skills from an early age and builds a love for PE and sport early on.

The programme of study in EYFS and Year 1 follows a curriculum that focuses on fundamental movements and has been successfully implemented over the years since its introduction- I am pleased with the progress that is being made (the pupils seem to have much better fundamental movements as than previous) and pupils seem to enjoy the lessons.

Nursery, Reception and Year 1 PE has been taught exclusively by Kate from Sports Coaching Group this year with each group having multiple lessons each week. The schemes of work focus on movement and building confidence. In EYFS, pupils begin with moving in different ways and in different directions. Pupils become more aware of their own body and the different ways they can use it. They are introduced to equipment through gymnastics and gain confidence when climbing and jumping. Pupils are introduced to a range of different sized and shaped balls / throwing equipment and are taught how to throw, roll, push, hold, kick and catch them.

In Year 1 pupils focus more on learning the building blocks to sport and build on the basic movements they have learned in Reception. Pupils begin to work in pairs and in small groups when working and are encouraged to be creative through movement. Basic skills such as catching and allowing them opportunity to use a wide range of sports equipment are included.

The curriculum for Year 2 to Year 6 has been enhanced over the past few of years through the increase in time allocated to PE. Every pupil in these year groups has had the opportunity for at least 3hrs PE per week, with extra-curricular provision meaning pupils are taking part in anywhere from 3-7hrs of activity at school each week! Of their 3 hours PE, 2 hours has been with myself and the remaining time has been made up on the Friday PE session with Kate from Sports Coaching Company.

The curriculum in Years 2 & 3 provides an introduction to a range of sports and begins to teach them the different skills required for each sport. Basic rules are taught along with how to use specialist equipment correctly (e.g. transporting gym equipment, using a hockey stick safely). The curriculum builds on the foundation blocks laid down in Years 1- for example ball skills in Year 1 provides a base for beginning to learn Netball in Year 2/3. In Years 2 & 3 the pupils are introduced to the values of sportsmanship and

respecting opponents and officials. Pupils begin to comment on /evaluate others and their own performance.

The programme of study in Year 2 & 3 includes: Football, Tag Rugby, Hockey, Netball, Gymnastics, Sports Science, Dance, Mixed Martial Arts, Athletics, Cricket, Tennis and Swimming.

The programme of study for Year 4, 5 & 6 tends to align with the Crewe & Nantwich School Sport Partnership (CNSSP) Competitions, to provide maximum teaching and practice time before entering Level 2 (inter-school) competitions. This has proved to be successful in increasing confidence and performance when representing the school. The focus of PE in Year 5 & 6 is to teach more advanced skills and becomes more aimed at putting their skills acquired in lower KS2, into games. Lessons often offer leadership opportunities to pupils through officiating and organising their own Level 1 (inter-house) competitions, with sportsmanship and respect as underpinning values.

In Year 4, 5 & 6 the pupils study: Football, Netball, Gymnastics, Handball, Swimming, Outdoor Adventurous Activities (OAA), Boxing, Dance, Basketball, Hockey, Athletics, Cricket, Lacrosse, Rounders & Ultimate Frisbee. Pupils in Year 4 and Year 6 also get the opportunity to do some extra OAA on their residential trips to Tattenhall in June (Y4) and Colomendy in October (Y6).

Previously, I had observed some obvious effects of the COVID-19 pandemic in that pupils have gaps in their knowledge in some areas of the curriculum. Some pupils missed 2 years of Summer sports and indoor sports such as Gymnastics had also proven difficult, with gaps in their knowledge and under-exposure to each strand. Over the past year we have been able to run an enhanced PE curriculum and more time has been allocated to Gymnastics- Gymnastics is really valuable as skills transfer to many areas of the curriculum. More time was allocated to Summer sports (Athletics, Rounders and Cricket) in 2022 and 2023, alongside increased external coaching during lessons / extra-curricular opportunity for Cricket and this proved successful in closing the gap and pushing us on further.

### **Inclusion**

All pupils are always encouraged to participate in after school clubs and a large number of pupils are given the opportunity to represent the school in various sports teams. More talented pupils like to get involved with and are challenged to take part in leadership activities, such as officiating or scoring house activities. Gifted and talented PE pupils are often invited to represent the school in a wide variety of competitions and are also encouraged to take their skills to clubs outside of school (if they don't already).

All pupils have the opportunity to sign up for extra-curricular clubs and can take part in house activities at lunchtimes. Pupils with SEND always have and will continue to represent the school in sports competitions and have the same opportunities as others. More pupils have had the opportunity to represent the school through our commitment to trying to get B and C teams into competitions and offer extra B and C team fixtures where possible.

### **Extra Curricular Sports Clubs**

When appointed at Brierley I made it an aim to offer as many sports clubs to pupils as possible in order to enrich learning, improve social cohesion and to improve sporting performance as both individuals and as a

school in Level 2 (inter-school) competition. I continue to take on the responsibility of organising the extra-curricular programme for each half term, which includes encouraging staff to offer a club, producing the timetable of activities and sorting the pupils into each club. This year our extra-curricular provision has started to return to somewhere closer to where it was pre-pandemic.

**\*\*Please note that all data in this section is collected at the start of March 2024, therefore only takes into account two thirds of the academic year (four half terms).\*\***

As a baseline, in 2012/13 before my appointment, 43% of KS2 pupils took part in at least one extra-curricular sports club.

<u>2012/13</u>	<u>2013/14</u>	<u>2014/15</u>	<u>2015/16</u>	<u>2016/17</u>	<u>2017/18</u>	<u>2018/19</u>	<u>2019/20</u>	<u>2021/22</u>	<u>2022/23</u>	<u>2023/24</u>
43%	82%	88%	89%	84%	92%	85%	80%	77%	83%	*85%*

The table above shows we have historically had a consistently high number of pupils taking part in at least one extra-curricular sports club. The figure for this year is 85% which suggests we are doing extremely well in engaging pupils in after-school sports clubs- I would expect to add at least 5% in the remaining two half terms- potentially we can break the record of 92% back in 2017/18!!

We have continued to offer a wide range of sports clubs, with some changing on a half-termly basis and others running for longer depending on popularity. So far this year we have held the following sports clubs after-school; Football, Netball, Dodgeball, Hockey, Tag Rugby, Benchball, Dance, Yoga, Basketball, Cricket, Gymnastics and Sports Hall Athletics.

This year we have offered 548 places in sports clubs, which means we are well set to surge past the total of 652 for the academic year 2022/23.

	<u>2018/19</u>	<u>2019/20</u>	<u>2021/22</u>	<u>2022/23</u>	<u>2023/24</u>
% of KS2 EAL pupils attended at least one club	87.5%	80%	75%	88%	**84%**

The table above shows that the percentage of EAL pupils attending after school sports clubs has continued to remain high and is comparable to pre-pandemic years. Engagement for EAL children in sports clubs can be a vital social tool when they first join the school and can really help their language development. I speak to EAL pupils regularly before each club letter goes out and try to encourage them to get involved. I also try to help translate with pupils and parents to aid their understanding of what the extra-curricular clubs are and how they sign up for them.

	<u>2018/19</u>	<u>2019/20</u>	<u>2021/22</u>	<u>2022/23</u>	<u>2023/24</u>
% of KS2 PP pupils attended at least one club	77%	74%	79%	74%	**82%**

The table above shows that the percentage of pupils eligible for Pupil Premium attending after school sports clubs, is high and has increased on previous years. Increasing opportunities for Pupil Premium pupils to take part in extra-curricular sport continues to be a focus area and pupils who have not taken part in any clubs to date will be targeted in the Summer Term 2024.

	<u>2018/19</u>	<u>2019/2020</u>	<u>2021/22</u>	<u>2022/23</u>	<u>2023/24</u>
Number of KS2 pupils attended 5+ sports clubs	53%	38%	25%	45%	**45%**

The target of 5 sports clubs shows regular participation, which is key for us in the fight against poor health in young people and obesity and to generally get our pupils more active. Last year we saw a recovery on this figure (post-pandemic) and this year we are seeing an increase in regular, active participation. This year we look like we will hit the 50-60% mark, which is good.

### School Sports Teams

In the past few years we have had around 50-60% of KS2 pupils represent the school in at least one sport in a Level 2 School Sports Competition with other schools. The figure for this year stands at 53% of KS2 pupils representing the school, which considering we are only just over halfway through the year, is a high figure. A review of our sporting achievements over the past year are shown below:

<u>Sport</u>	<u>2022/23</u>	<u>2023/24</u>
Boys Football	All 3 games in the Autumn league were lost 2-1 (unbelievably!) and apart from one of the fixtures, we played really well. In the Trophy 75 Competition in March we P6, W3, D2, L1 to come 3 <sup>rd</sup> in our group, just missing out on a semifinal place.	In the Autumn league, we have played really well to finish Runners Up in our group (P3, W2, L1). Next stage to come late March.  We entered the FA Kids Cup where we missed a couple of key players and won only 1 of our 5 games. We have also played a few friendlies with Beechwood, which we have won and have allowed more players chance to play.
Girls Football	Played a couple of friendlies against Hungerford and Beechwood in the Summer Term- W1, L1.	We entered the Crewe & Nantwich Competition and returned a decent record of P6, W2, D2, L2. We have also played a friendly with Beechwood at the Cumberland, winning comfortably.
Netball	Our A team were incredibly strong to again come away as <b>WINNERS</b> of the Crewe Competition. Came <b>RUNNERS UP</b> in the Crewe & Nantwich Finals- lost 3-1 to Sound in the deciding match- narrowly missing out on the County Finals. Overall record of P8, W7, D0, L1.  We entered a B team in the Crewe Competition and they did really well	Our A team were incredibly strong to again come away as <b>WINNERS</b> of the Crewe Competition. Came <b>RUNNERS UP</b> in the Crewe & Nantwich Finals again (!) narrowly missing out on the County Finals on goal difference and having beaten Sound who qualified as winners! Overall record of P10, W9, D0, L1.

	to finish in 3 <sup>rd</sup> place, ahead of a couple of A teams! Overall record of P5, W2, D1, L2	We entered a B team in the Crewe Competition and they did really well to finish in 3 <sup>rd</sup> place, ahead of a couple of A teams! Overall record of P5, W3, L2
Hockey	<p>We entered two teams into the Crewe Competition at Ruskin and our A team finished as <b>WINNERS</b>. In the Crewe &amp; Nantwich Finals we finished as <b>WINNERS</b> to qualify for the Cheshire County Finals in Alderley Edge.</p> <p>In the <i>Cheshire County Finals</i>, we placed 5<sup>th</sup> out of 9 schools!</p> <p>Our A team were incredible and their overall record was P19, W14, D0, L5.</p> <p>Our B team performed well against strong opposition and came 7<sup>th</sup> place with a record of P8, W1, D1, L6.</p>	<p>We entered two teams into the Crewe Competition at Ruskin and our A team finished as <b>RUNNERS UP</b>. In the Crewe &amp; Nantwich Finals we finished as <b>RUNNERS UP</b> to qualify for the Cheshire County Finals in Alderley Edge to be played on Tuesday 12<sup>th</sup> March 2024.</p> <p>Our A team overall record is P10, W8, D0, L2.</p> <p>Our B team did well against strong opposition and came 6<sup>th</sup> place with a record of P7, W1, D1, L5.</p>
Dodgeball	<p>We entered two teams in the Crewe Competition at SWS. Our A team finished as <b>WINNERS</b> with a record of P8, W7, D0, L1. Our B team did really well to finish in 4<sup>th</sup> place with a record of P8, W4, D1, L3.</p> <p>We also entered a B and C team into a Dodgeball Festival at SWS in November 2022. The main aim was to allow pupils to experience matches and represent our school. The B team P9, W7, D1, L1 and the C team P9, W8, D0, L1- fantastic results and shows the strength in depth we have in Dodgeball.</p>	<p>There has been a shift towards Dodgeball 'festivals' rather than a competition. We entered 3 teams into the festival at SWS in January 2024. Brierley A won all 6 matches, Brierley B won 3 and lost 3 and Brierley C won 4, drew 1 and lost 1. The main aim was to give people the opportunity to represent the school and we had 20 pupils taking part.</p>
SH Athletics	<p>We had 47 pupils take part in our heat of the Sports Hall Athletics Competition at SWS. Always tough, as we always come up against two 3 form entry schools! We came 3<sup>rd</sup> place in both Y5/6 and the Y3/4 events- which is probably the best we could hope for.</p>	<p>We had 43 pupils take part in our heat of the Sports Hall Athletics Competition at SWS. For the first time ever (!), we managed to achieve <b>Runners Up</b> in BOTH the Year 3/4 and the Year 5/6 competitions! This was an excellent result, considering 2 of the 4 schools were 3 form entry.</p>
Tag Rugby	<p>No competition- festival held and our team won all 6 of their games.</p>	<p>Played in a festival at Crewe Vagrants in October 2023. The team were very strong on their way to a record of P6, W4, D2, L0.</p>
Boys Cricket	<p>We entered a team in the Crewe &amp; Nantwich competition and were</p>	<p>Summer Term 2024</p>

	knocked out at the group stages. P3, W1, L2.	
Girls Cricket	We entered the Crewe & Nantwich competition as finished as <b>WINNERS</b> . This meant we qualified for the <b>Cheshire County Finals</b> in Warrington where we lost our 3 group games.	Summer Term 2024
Town Sports	We continued in Group B and claimed 3 <sup>rd</sup> place in the field events. We finished overall 7 <sup>th</sup> place in Group B which will probably see us retain our place in the group.	Summer Term 2024

From the table above, it is clear that we continue to hold our own as a school and have achieved a lot of success in the previous couple of years. We have been to Cheshire County Finals (in hockey (twice!) and girls cricket), which is an amazing achievement for our school. The highlight of the year so far has probably the Netball team winning the Crewe Competition and then finishing as Runners-Up in the C&N Finals. They were so unlucky not to lose out on goal difference and therefore not qualify for the county finals. A superb performance at Town Sports should also be noted, as we were again strong in the field events and were retained our place in Group B! This was backed up by our best finish at the Sports Hall Athletics Competition- this is always difficult against much bigger schools and we did really well.

It is a continued target to try to get B and C teams playing fixtures to increase participation and offer our pupils more chances to represent school and so far we have done well in this respect. The performances of these teams has also been very good, showing good strength in depth.

#### **Sainsburys School Games Kitemark Award:**

There are four levels: Bronze, Silver, Gold and Platinum. We have to submit evidence each year and meet a number of strict criteria. In 2016/17 we achieved the GOLD award for the first time and we followed this up with GOLD again in 2017/18, 2018/19 and 2021/22. This meant we have achieved this award for 4 consecutive years (COVID exempt) and were eligible to apply for the Platinum award in the Summer 2023. To achieve this, we met all of the gold criteria, plus submitted a case-study of evidence. I was delighted that we achieved the PLATINUM award for the first time and this is reward for the efforts we have made as a school over a prolonged period of time. We hold this award for two years, so will need to retain the award at the end of the 2024/25 academic year.

#### **Parent Involvement:**

One of my continued targets is to improve and encourage parental support for the school through sport. All of our sports teams have been very well supported this year (including the trips to Warrington and Alderley Edge for the County Finals in 2023). Sports Day offered parents the chance to engage and there were good numbers at our EYFS, KS1 and KS2 sessions.

### **Sports / PE trips, residential trips and visitors:**

A continued target is increase our use of local sports clubs and local sports facilities. We have utilised our relationship with Everybody Trust to allow us to continue to use and develop the Forest School site at the Cumberland Arena. This is a great base for our sessions and we will continue to work closely with the trust. They have also given us access to the 4G Astro turf to play our home school football fixtures.

In October 2023 Year 6 visited Kingswood Colomendy in North Wales. The pupils had a fantastic two nights away from home and enjoyed activities such as Zip Wire, Team Building, Leap of Faith, Climbing, Archery and Buggy Building. It was a very soggy one this year- hopefully next year is drier! The residential for October 2024 is booked in and information has gone out to parents.

In June 2023 we had our second Year 4 residential to Tattenhall and Beeston. The pupils took part in a Jungle Camp, practised fire lighting, worked as a team and enjoyed a campfire at night. The following morning, we went on a self-led tour of Beeston Castle, looking at both the historical features and the natural environment. The trip was another success and will now become a regular feature for Year 4 each year. There are 25 pupils down to go on the next residential for Year 4 in June 2024, which will be our highest number to date and is an excellent return from the year group.

We have strengthened our links with the Cheshire Cricket Board who have sent coaches into school (for free) in both the Autumn term to work with Year 4 and to run an Allstars Club for Years 1-3 on a Thursday after-school this half term.

We have had a coach from Crewe FC come into school on a Friday afternoon to run sessions specifically targeted at girls and increasing participation. There are weekly sessions with the girls in Years 3 and 6, with the aim to engage the girls and encourage them to join the thriving girls section at Crewe FC.

### **Sports Day 2023:**

We held three separate sports days- one for Y4/5/6, one for Y1/2/3 and one for EYFS. The format followed on from previous years for Y4/5/6, with every pupil taking part in 6 different events: Sprint, Relay, Long Jump, Beanbag, Marathon and Javelin. The competitions began with heats where the top 2/3 qualified for the finals. Every child received a sticker for participating and there were Gold / Silver / Bronze stickers awarded to the top 3. The event was well supported by parents and ran on time. The House Competition was made an integral part of the day, meaning pupils were competing both individually and for their houses. Every pupil and staff member was encouraged to wear the colours of their house for the day. This created a team atmosphere and the pupils were very passionate when supporting their houses.

The Year 1/2/3 sports day at the Cumberland was organised with the assistance of the House Captains and Vice-Captains. They helped to set up events, encourage the younger pupils and gave out the stickers to the participants. Again participation was the most important factor with all pupils taking part in 4 races- sprint, beanbag, egg & spoon and relay. There was a competitive element, but this was inferior to the friendly, fun atmosphere we were trying to create- which is how it should be at this age!

The EYFS sports day was held on the KS2 playground and every pupil took part in 3 events- sprint, beanbag and egg & spoon. The event was absolutely fantastic- the children loved it and the parents really supported every race. Our house captains and vice-captains again provided excellent support and motivational talks for our youngest athletes!

### **House System & House Cup 2023/24:**

In September 2014 we introduced a House System across the school. The names of the four houses are Tatton (Red), Anderton (Blue), Jodrell (Yellow) and Delamere (Green). The names were chosen to encourage cross-curricular links with these local places of interest. Every child from Reception to Year 6 was split into the 4 houses as evenly as possible, based mainly on sporting performance. Two house captains (preferably boy/girl) and a vice-captain were selected for each house to be role models and to help organise teams for each event. They have also had input to the activities on offer and support the majority of the house events.

This year we have been able to hold regular competitions for Year 4 to Year 6 in a huge range of activities, allowing all pupils to have a go at something. The competitions are not restricted to sport related activities- there are spelling, mental maths, jigsaw, geography, art and jenga competitions for example. Year 1/2/3 have held competitions in their PE lessons at the end of a unit of work, to ensure they are contributing points through competition. Class Dojo is used to track and monitor our house points. Every child is on Dojo and can earn dojos throughout the week in class. These points are then added up by the system and at the end of each week both the individual and team success are celebrated in celebration assembly the following Monday. The dojo system has worked well and has been a positive introduction.

### **Sports Leadership:**

Playground leaders have been enthusiastic and very keen to lead sports sessions with younger pupils. They have shown increased confidence and it has been good to see some of the leaders really excel in the role. The lunchtime staff are generally utilising them well and they are taking on games and activities independently. There is a rota to ensure all of the playground leaders get a chance to lead and so the same people do not do every lunchtime.

Pupils are continuously involved in leadership roles during PE lessons and after-school sports clubs, through leading warm ups, officiating and coaching peers. A number of pupils have also assisted in leading House Cup Competitions, whether it be scoring, officiating or setting up equipment.

### **Forest Schools Programme:**

This year we have held sessions based at school in our forest school area and outdoor classroom. This has culminated in an afternoon for whole year groups to go to the Cumberland Arena Forest School area. Each class has had Forest School on a rota basis and take part in a wide-range of activities such as fire building

and lighting, cooking, artwork, knot-tying, making shelters, team games and identifying items / trees in the natural environment. In the Autumn term, Year 6 had to plan and cook a 3-course meal for all of their peers as part of their sessions (linked in with D&T). The pupils responded really well to these sessions and loved cooking on the open fire!

### **Active Playground – Playtimes**

In order to boost physical activity in the relatively small areas we have that are suitable, I have produced a rota for both playtime and lunchtime to try to ensure all pupils have access to a range of different activities. At breaktime, you will regularly see at least 2-3 organised games of football, skipping and netball going on- staff have been able to facilitate these and having distinct days and areas has helped make the playground more active and safer. At lunchtimes, the staff (with help from Playground Leaders) are responsible for the range of activities and they facilitate similar activities, plus Dodgeball, Handball, Rounders and use of the play equipment boxes and stilts. Playtimes were a target area and there has been improvement in our offering. All lunchtime staff received training on creating active playgrounds in the Summer Term 2023. We are still looking into ways to try to ensure less active pupils, who are less interested in sporty activities, can be active on our playground.

### **Golf Foundation:**

We have received £700 worth of new Golf equipment which will be used to create an after-school club in the Summer Term 2024. Golf is a fun and exciting sport but also has strong links to some areas of PSHE, including mental toughness, dealing with adversity, goal setting and perseverance.

### **Pools for Schools:**

We hired a swimming pool for the first time in April 2023 and after a small issue with the temperature (!), this turned out to be a fantastic offering for our pupils. We were able to offer daily swimming to pupils that needed it the most and due to the condensed nature of the swimming programme and the small class sizes (max 12), we were able to see accelerated progress. The pupils absolutely loved having a pool on site and they really enjoyed their swimming sessions. The pool will be returning for 3 weeks in April 2024 and the extra time will allow us to focus more on our non-swimmers and to those in younger year groups.

### **Sports Awards Evening:**

After two successful awards evenings in 2018 and 2019, we finally got to host the 3rd Sports Awards Evening in July 2023. A full hall saw us celebrate our successes both individually and as a school. Our 4<sup>th</sup> Sports Awards Evening will take place in July 2024. Invites will be sent out to Governors nearer the time.